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Momentum Skills' Work Choice ezine



Work Choice is a Government-supported employment programme designed to assist people with disabilities find and maintain employment, and support employers in employing more disabled people.

Customer Focus 1

Deeside Woman's Joy at First Job

A Deeside woman with learning difficulties – who for 14 years has been trying to gain work – is celebrating after getting her first-ever job thanks to the excellent support provided by Momentum Skills' Work Choice programme.

Shelley Urquhart, 32 from Banchory, has secured a job as a domestic assistant with a care home in her home town – despite her low confidence levels and worries that she did not have the reading and writing skills to ever find a job.



Shelley had found interviews difficult, because she felt that no one would employ her because of her disabilities, and so ended up selling herself short.

But now Shelley is enjoying her new independence – both socially and financially – thanks to the programme's coaching which helped her to get a job at a local care home where she is employed to undertake housekeeping duties.

Shelley said: "The Work Choice programme has helped rebuild my confidence supporting me to get a job that I really enjoy. The job has also had a huge impact on my life. It has helped me make new friends and has improved my social life. I am happy and have a new-found confidence. Momentum Skills' Work Choice has been a fantastic help to me and for the first time I feel in control."

Employer Testimonials

Aberdeen City Council

"Through the Work Choice programme, we have gained some truly valuable members of staff. It has been great to see these individuals develop in the workplace and become part of our team. Aberdeen City Council is reassured to know that Work Choice support is ongoing and help is only a phone call away."



The Plockton Inn

"Thanks to the practical advice and guidance through Work Choice, we have been able to provide employment opportunities to disabled people. Work Choice has made it much easier for us to tap into a wider talent pool and strengthen our commitment to being an equal opportunities employer."

Customer Focus 2

Momentum Skills Supports Irene To Turn the Corner

A Paisley woman who has been out of work for a year due to depression and anxiety issues has praised Momentum Skills' Work Choice programme after it helped her return to the workplace.

Irene Harvey, 57, has secured a job with Capability Scotland – despite her fears that she did might never work again as she felt she did not have the skills needed to find a job.

But now Irene is enjoying her part-time job as an administrator within the Employment Services team of Capability Scotland in Paisley, providing administration support to two employment support officers.

Momentum Skills' employment support officer worked with Irene to support her to take those first steps into the work environment again – by helping rebuild her confidence, brush up on interview techniques and develop her CV.



Irene said: "Momentum Skills has been a great help to me by helping prepare me to get back into work. The important thing is that you know there's support there – someone you can always talk to if you have a problem.

I feel a real sense of achievement that I am able to work again and feel my confidence levels have improved greatly in all aspects of my life."

About Momentum Skills' Work Choice Programme

Momentum Skills, part of the leading not-for-profit organisation Momentum, delivers the Work Choice programme in the Highlands and Islands, Clyde Coast and Grampian. Momentum Skills works with partners to provide employers with a tailored package of support, enabling them to offer work experience placements and job opportunities to disabled people participating in the programme.

Momentum Skills

Investing in People, Changing Perspectives

We have a bank of committed and enthusiastic candidates ready to fulfil your staffing needs and we will work with you to find the best person for the job – saving you both time and money.

Want to know more?

If you would like to find out more, or wish to offer job opportunities or work placements at your organisation, contact Momentum Skills today:

Tel: 0141 333 0567

Email: togetherintowork@momentumscotland.org

Web: www.momentumuk.org.uk



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Registered Office: Pavilion 7, Watermark Park, 325 Govan Road, Glasgow, G51 2SE

Directors: S Boyne, F Flannery, D Gentleman, A Heron, A Kerins, K Poole

