

Catalyst Ebulletin

May 2013

New Momentum Websites Launched

We are pleased to announce that Momentum's new suite of websites is now live.

The websites feature bright and attractive designs and give access to lots of information about Momentum and the services it provides through Momentum Skills, Momentum Care, Haven and Haven Recycle.

As well as featuring the latest news and developments from Momentum, the websites also include a map of locations, recent Momentum publications and image and video galleries that help bring the services to life and give you a real insight into the difference Momentum makes to people's lives.

You can view the main Momentum website at www.momentumuk.org.uk

Check it out!

For more information about the Momentum websites, contact Colin Calder on 0141 419 5299 or email ccalder@momentumuk.org.uk

Momentum Skills joins 'Missing Million' Campaign

Momentum Skills in Aberdeen recently joined the "We are the Missing Million" campaign at the Scottish Parliament to raise awareness of the support and care needed by people with brain injuries in Scotland.

The Neurological Alliance of Scotland event called for MSPs to sign a pledge to recognise the one million people with a neurological condition in Scotland – and the ways in which it affects their daily lives.

One of the big issues highlighted was the problems that arise from the relative invisibility of neurological conditions.

Momentum Skills in Aberdeen was invited to participate in the event as it provides vocational support to individuals who have sustained an acquired brain injury which can be the result of a stroke, infection, road traffic accident, haemorrhage or assault.

The delegation included Wayne Forbes who has attended the Momentum Skills service in Aberdeen after acquiring not one, but two brain injuries, while in military service in the army.

During his time at Momentum Skills, Wayne has worked hard to develop a range of coping strategies and has made a lot of changes to his way of thinking in order to adapt to his new set of circumstances. This journey of self-discovery – with highs and lows along the way – is now at a stage where Wayne is living independently and undertaking a work placement with the support of Momentum.

Liz Howarth, vocational tutor with Momentum Skills in Aberdeen, believes Wayne is a wonderful success story. "Wayne has lived an extraordinary life and that is why we wanted to share his story and his difficulties with MSPs at the Neurological Alliance event at the Scottish Parliament."

For more information about Momentum Skills in Aberdeen, contact Liz Howarth on 01224 625 580 or email liz.howarth@momentumskills.org

Squid Man T-shirt Raises over £1,000 for Momentum Skills

A drive to raise funds for Momentum Skills by the owner of a tattoo studio in Montrose has raised over £1,000.

Judi Mitchell decided to raise money in recognition of the help her brother received following an accident from Momentum Skills' brain injury vocational rehabilitation programme in Aberdeen.

Last year she launched a "squid man" t-shirt designed by Levellers' bass guitarist Jeremy Cunningham following a chance meeting with Judi at a festival in Devon.

After a lot of hard work and promotion in recent months, Judi raised a grand total of £1,008 in profit from sales at her Ink Minx tattoo studio and visited Momentum Skills in Aberdeen to hand over the cash.

Judi is thrilled with the success of the fundraising initiative: "I am delighted to be able to have raised this money for Momentum Skills in Aberdeen. This money will go towards buying computer equipment and other resources that clients will be able to use to help them make their way back into employment."

Momentum Offering Chance to Zip Slide Across The Clyde

Momentum has just added a new event to its fundraising calendar for this year – the chance to zip slide across the River Clyde in Glasgow.

This unique challenge – being held on Sunday 18th August, 2013 – will offer a real adrenaline rush for the daring, while raising vital funds to help support Momentum.

Places for this event will fill up quickly, so sign up soon.

For more information about Momentum's fundraising activities, contact Lucy Wilson on 0141 419 5281 or email events@momentumfundraising.co.uk

About Momentum

Momentum is a leading not-for-profit organisation providing rehabilitation, training and care services for disabled and socially-excluded people throughout the UK. Momentum comprises Momentum Skills, Momentum Care and Haven.

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